Need a little extra help paying for your health care coverage? We have plans just for you.





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New Yorkers caring for New Yorkers.

As a not-for-profit health plan founded right here in New York, our primary objective is ensuring that members of our community receive the care and support they deserve. For more than 35 years, many of your neighbors have trusted Elderplan with their care.

Elderplan is a member of MJHS Health System, founded by Four Brooklyn Ladies in 1907 based on the core values of compassion, dignity and respect. Elderplan is proud to care for people of every race, ethnicity, faith, national origin, gender identity or expression, sexual orientation or military status.

We believe in giving people options, so they can make the best choice for themselves. That's why we offer two different plans for individuals with either Medicare and Medicaid or Medicare and Extra Help.

If you'd like to know more about our plans, please call us. We're here to help. Call **1-866-703-5803 [TTY: 711]** from 8 a.m. to 8 p.m., 7 days a week.



NEW! Use your OTC benefit to purchase groceries, too!^{1,7}

Elderplan for Medicaid Beneficiaries (HMO D-SNP)²

If you have Medicare and Medicaid, this plan will cover all your medical expenses at no cost. Plus, we provide you with an over-the-counter (OTC) benefit, transportation to medical appointments and a Care Manager to provide you with special attention. You'll even get prescription drug coverage at little-to-no cost. Receive all the benefits you deserve, including:

- \$0 monthly plan premium³
- \$0 co-pay for in-person or telehealth primary care and specialist doctor visits⁴
- \$120 every month for over-the-counter (OTC), health-related and grocery items^{1,7}
- Low co-pays for prescription drug coverage
- \$0 co-pay for acupuncture up to 20 visits per year
- Free transportation to medical appointments – up to 6 one-way trips every 3 months
- Comprehensive dental, including root canals and crowns
- No-cost gym membership to help keep you fit and active⁵
- NEW! \$0 co-pay for home-delivered meals after you have been discharged from a hospital or nursing home stay⁶



Elderplan Extra Help (HMO)

Get great coverage that can save you money. Are you living on an annual income of \$19,140 or less (based on 2020 single individual income limits) and have resources that total less than \$14,610? If so, you may be able to get a little extra help from the government paying for prescription coverage while enrolled in Elderplan Extra Help. Get the benefits you need, including:

- No Part B deductible
- No Part D deductible for preferred generic, generic, and preferred brand name drugs
- \$55 every quarter for over-the-counter (OTC), health-related and grocery items^{1,8}
- \$0 co-pay for in-person or telehealth primary care visits
- Comprehensive dental, including fillings and crowns
- \$0 co-pay for one routine vision exam every year
- Up to \$150 for eyeglasses or contact lenses annually
- Hearing aid for one ear \$500 every 3 years
- No-cost gym membership to help keep you fit and active⁵

X



Elderplan cares about your safety first.

We prioritize your health and safety above all else. That's why our Benefits Advisors follow appropriate CDC infection control guidelines, including wearing a mask and sanitizing their hands, so you can have peace of mind that your appointment will be safe as well as informative. Call today to find a plan that best fits your needs.

Melderplan homefirst® a member of MJHS Health System

1-866-703-5803 [TTY: 711]

8 a.m. to 8 p.m., 7 days a week Visit www.elderplan.org for more information.

YES! I want to experience the caring difference of Elderplan.

Please check the option(s) of your choice:

- Rush me more information about:
 Elderplan for Medicaid Beneficiaries
 Elderplan Extra Help
- □ Call me to discuss. By providing my information below, I agree it's okay to have a representative call to talk to me about Medicare Advantage plans. I understand this request is valid for a period of 90 days from the date of submission.

Name		
Address		
City	State	Zip
Phone ()	Date	//
call 1-8	postage-paid card t 366-703-5803 [TTY . – 8 p.m., 7 days a v	: 711]

Please detach and mail.

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Elderplan is an HMO plan with Medicare and Medicaid contracts. Enrollment in Elderplan depends on contract renewal. Elderplan/HomeFirst complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Elderplan/HomeFirst cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-353-3765 (TTY: 711).

Elderplan/HomeFirst 遵守適用的聯邦民權法 律規定, 不因種族、膚色、民族血統、年齡、殘障或性別而 歧視任何人。注意:如果您使用繁體中文,您可 以免費獲得語言援助服務。請致電1-800-353-3765 (TTY: 711)。

- ¹ For eligible members (with certain chronic conditions), the Special Supplemental Benefits for the Chronically III (grocery benefit) combines with the OTC benefit to cover certain grocery items as a part of the monthly OTC allowance.
- ² Elderplan for Medicaid Beneficiaries is a dual eligible Special Needs Plan available to Medicare beneficiaries who receive New York State Medicaid or other assistance through New York State medical assistance programs. Premiums, co-pays, co-insurance and deductibles may vary based on the level of Medicaid assistance and/or level of Low Income Subsidy (LIS) (Extra Help) that you may receive. Please contact the plan for further details.
- ³ You pay a \$35.40 monthly plan premium; however, if you are eligible for Medicare cost-sharing assistance under Medicaid, you pay a \$0 monthly plan premium.
- ⁴ You pay 20% co-insurance for in-person office primary care and specialist doctor visits; however, if you are eligible for Medicare cost-sharing assistance under Medicaid, you pay 0% co-insurance. There is no co-insurance or co-payment for telehealth primary care services. You pay 20% co-insurance for telehealth specialist services; however, if you are eligible for Medicare cost-sharing assistance under Medicaid, you pay 0% co-insurance.
- ⁵ No-cost gym membership is available at all fitness centers and select YMCAs in the Silver&Fit network.
- ⁶ Meals are available following inpatient stay in either the hospital or skilled nursing facility. Limited to 2 meals a day for maximum of 14 days, 2 times per calendar year.
- Members in this plan receive a monthly maximum amount (\$120 every month) to purchase eligible over-the-counter (OTC) items at authorized retail stores. The OTC card balance cannot be carried over to the next month. The OTC card is not a debit or credit card and cannot be converted to cash.
- ⁸ Members in this plan receive a guarterly maximum amount (\$55 every guarter) to purchase eligible over-the-counter (OTC) items at authorized retail stores. The OTC card balance cannot be carried over to the next quarter. The OTC card is not a debit or credit card and cannot be converted to cash.



IN THE UNITED STATES

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Caring every minute, every day.



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